



How to Prepare for Your Root Canal Appointment

Please review the following instructions before your visit.



Before Your Appointment

- Eat a normal meal 1–2 hours before your appointment.
- If you were prescribed antibiotics or anti-anxiety medication, please take them exactly as directed.
- Brush and floss normally before your visit.
- Wear comfortable clothing.



Please Bring

- Photo ID
- Dental insurance card
- Referral slip, if applicable
- Any X-rays or CBCT scans from your dentist, if available
- A list of your current medications, if needed



If You Are Taking Oral Sedation

- Please arrange for a responsible adult to drive you to and from your appointment.
- Do not drive yourself home after taking sedative or anti-anxiety medication.



What to Expect at Your Visit

- We will review your medical history, medications, and any concerns you may have.
- X-rays and/or a CBCT scan may be taken if needed.
- The doctor will explain the diagnosis and treatment plan before starting.
- The tooth and surrounding area will be thoroughly numbed.
- Root canal treatment usually takes about 45–75 minutes, and you should plan for approximately 60–90 minutes total in the office.

If you have any questions before your appointment, please contact our office.